

## Treasures of Myanmar

*Yangon - Golden Rock - Bagan - Mt Popa - Mandalay - Sagain - Mingun -  
 Kalaw - Pindaya - Inle Lake - Yangon*

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### Itinerary Overview

Day	Destinations/Activities	Meals
Day 1	Yangon Arrival	-
Day 2	Yangon - Bago - Golden Rock	B
Day 3	Golden Rock - Yangon	B
Day 4	Yangon - Bagan Sightseeing	B
Day 5	Bagan - Mt Popa - Mandalay	B
Day 6	Mandalay - Mingun - City Tour - Mandalay	B
Day 7	Mandalay - Sagain - Mandalay	B
Day 8	Mandalay - Heho - Kalaw	B
Day 9	Kalaw - Pindaya - Nyaung Shwe - Inle	B
Day 10	Inle - Indein - Inle Lake	B
Day 11	Inle - Yangon	B
Day 12	Yangon departure	B

**Note\*:** B: Breakfast

### Detailed Itinerary

#### Day 1 Yangon arrival

Arrive in Yangon where you will be welcomed by your local tour guide and transferred to your

hotel to drop off your luggage. In the afternoon, a walk through "downtown" Yangon, a diverse mix of faded colonial architecture from the British times, and high-rises built by more recent investors; Sule Pagoda, built in the early 3rd century is a landmark in the city centre. Late afternoon visit the magnificent Shwedagon Pagoda of Rudyard Kipling fame and one of Myanmar's most sacred places. The massive bell shaped stupa is plated with gold and the tip of the stupa is set with diamonds and rubies, sapphires and topaz - a stunning sight as the sun sets and a most fitting place to begin our trip in this "Golden Land".

**Note\*:** The hotel room will be available at 2:00pm, and in case that you would like to secure an early-check in, an additional charge will be applied.

**Meals:** None

**Accommodation:** Hotel in Yangon

## Day 2

### Yangon – Bago – Golden Rock

After breakfast, drive to Kinpun Base Camp via Bago, approx; 4 hours. Bago was once the ancient Mon Kingdom as well as the seat of second Myanmar Dynasty. On the way, you can stop and visit Htauk Kyant Allied War Cemetery, the biggest war cemetery in the country maintained by the Commonwealth War Grave Commission.

After Bago, you will reach Kyaik Hto, the junction town to go up the Golden Rock. Upon arrival at Kin Pun Base Camp, transfer by open-truck up to Hermit Hill. From there, walk about one hour to reach the Golden Rock. The trekking from Hermit Hill to the top is not very difficult cheering with Myanmar pilgrims on the way, encouraging each other.

After check-in at the hotel, walk to Golden Rock. Enjoy the marvel of the situation of the Rock and view the evening activities of many Myanmar Buddhist pilgrims. After sunset on the Golden Rock, walk back to your hotel.

Overnight at Golden Rock.

**Meals:** Breakfast

**Accommodation:** Hotel in Golden Rock

## Day 3

### Golden Rock – Bago - Yangon

After breakfast, walk down to Hermit Hill and by open truck transfer to Kin Pun Base Camp. From there, drive to Kyaik Hto. You can visit Kyaik Hto Morning market where you can see a lot of local foods, seasonal fruits and vegetables, fish and prawns. Walk around in the market and take pictures. Talk to the vendors who are very friendly and not accustomed to the visits of foreigners. Then, proceed to Bago. On the way you may stop from time to time to take the photo opportunities

at some villages.

Upon arrival at Bago, visit Shwe Maw Daw pagoda, the biggest and tallest Pagoda in Southern Myanmar, Bago Central Market, Shwe Thar Lyaung (Reclining Buddha) which dates back to centuries and which has the astounding history of its recovery from the bushes, and finally on the way to Yangon, visit the Kyaik Pun pagoda with four Giant Buddhas sitting in back-to-back position. Then drive on to Yangon. Upon arrival, transfer to your hotel for check-in.

**Meals:** Breakfast

**Accommodation:** Hotel in Yangon

#### Day 4 Yangon - Bagan

In the early morning, transfer to the Yangon airport for the flight to Bagan (Picnic breakfast can be arranged from your hotel!). Hundreds of Ancient Stupas, Temples, Monestaries, Libraries and Buddhist Universities welcome you to the then Heart of Buddhism. On arrival, drive to a temple to have a glimpse of Bird's eye view tasting a bit of its marvel. Then you may visit Nyaung U morning market which is known as Market On The Floor with a variety of local vegetables and products such as typical snacks, food, Handicrafts, Thanakha the most adorned Burmese Make-up, and so on. Then, visit the most sacred stupa Shwe Zi Gon built in 11 Century by the most outstanding Buddhist King, Anawrahta, Gu Byauk Gyi Temple to see the mural from 12 Century, the massive red-colored Htilominlo Temple, and lastly before check-in at the hotel, visit most beautiful Ananda Temple built in late 11 Century housing giant Standing Buddhas which give the viewers illusion of Smiling-or-Serious facial expression of the Enlightened One. In the afternoon, a visit to famous Lacquer Wares Workshop is worth enough to see its hand-made black products that come in a variety of household items from the smallest one of tea-cup to the Giant Sun Oak, the food container to be sent to the Buddhist monasteries in the yester years. Then, drive to the jetty of Mighty Ayeyawaddy river to enjoy sunset by boat.

**Meals:** Breakfast

**Accommodation:** Hotel in Bagan

#### Day 5 Bagan – Mt Popa – Mandalay

After breakfast, mount a bicycle touring around in the monument zone taking the snap-shots here and there among the ruined temples occasionally climbing some climbable pagodas to have the different panoramic views. Meet with local Sand Paintings sellers, Lacquered Items hawkers, etc and learn the local culture.

In the afternoon, drive to Mt. Popa (approx) one and a half hour, the extinguished million-year-old

volcano. Also Popa is the abode of Myanmar Nats, the Spirits worshipped by some weak Buddhists. No wonder that the poor mind may seek the shelter under which one can feel certain of high-yield harvest, safe life. The name Popa represents the abundance of flowers and you can see seasonal flowers and fruits once you enter the small town at the foot of the extinct volcano. On the way to Mt. Popa, you may stop at a palm tree collection workshop to see the ways of living of AnyarThar people. Visit central Nat Shrine at the foothill of Mt. Popa. Going up 777 steps is optional but the view from the top makes tired-feet quite relaxing. Mount Popa houses not only Nats but also Asian monkeys along its steps uphill. Feeding the poor Gibson, Baboon costs not much money and you may gain some merits to add a step towards Nirvana. In the afternoon, drive to Mandalay. Enjoy scenic view on the way. Arrive Mandalay in late afternoon.

**Meals:** Breakfast

**Accommodation:** Hotel in Mandalay

## Day 6 Mandalay – Mingun – Mandalay City

Enjoy a happy day with a boat trip (about 1 hr) crossing the Ayeyarwaddy River, and then visit the Mingun Bell which is said to be the largest hanging un-cracked bell in the world. Next, you'll head to the awe-inspiring Mingun Pahtodawgyi before a visit to Settawya Pagoda and Hsinbyume Pagoda.

You'll then back to Mandalay and explore the Mahamuni Pagoda, Shwenandaw Monastery, Kuthodaw Pagoda and Mandalay Hill to see the impressive sunset.

**Meals:** Breakfast

**Accommodation:** Hotel in Mandalay

## Day 7 Mandalay – Amarapura - Sagain – Mandalay

After breakfast, drive to Amarapura aka the Southern City, the ancient Royal Capital before Mandalay. In Amarapura, visit one of the biggest monasteries with more than 1200 Buddhist monks where under the strict tight-scheduled Rules the monks study very hard the Buddhist Canons day and night in order to be able to carry on the Buddha's teachings verbally like the Noble Theras did after the Buddha's demise in the 6th Century B.C. Then visit the Silk-Weaving workshop. Here, Amarapura hand-weaving silk Designs are very famous as Lun Yar Kyaw Cheik, More-than-hundred Loom Design, in which many small colorful silk thread looms wave through the weft creating the unique Myanmar Ceremonial silk longyis. Depending on the designs, to finish a longyi with a hundred or so looms, it can take at least a month! Then drive to U Bein

Bridge believed to be the longest wooden bridge in the world that spans Taung Thaman Lake. Take a walk on the bridge and enjoy a photo opp!

**Meals:** Breakfast

**Accommodation:** Hotel in Mandalay

## Day 8 Mandalay – Heho - Kalaw

After breakfast, transfer to Mandalay International Airport for the flight to Heho, Shan State. Upon arrival at Heho airport, drive to Kalaw (approx 1 and a half) on the way stop at Aung Ban, stop at a local Market selling typical foods, wines, traditional handcrafts, and you may try Shan Noodles there at one of Myanmar Traditional Teashops. Besides those items, the small street market has Myanmar Orchids Selling stalls and fruits. Shan Dried Tea there is the best of Myanmar. Then, continue to Kalaw, a British Hill Station, a small town with ethnic minorities, such as Pa-O, Palaung, besides the Shan People. In the town, you can still feel the colonial atmosphere with the colonial buildings and the houses with the chimney indicate the weather of the lovely town which is over 1300 meters above sea-level.

After check-in at the hotel, in the afternoon drive to the west of the town where you start your half-day Trekking to Palaung village of Pain Hgne Pin. Before, this tribal minority used to live in Wooden long houses for a big family. And now with the growing wealth on farming they demolished their typical long houses and use cement and Adobe bricks to construct the houses and for the roofing, corrugated iron instead of thatch grass. Visit a household in the village and your local trekking guide will introduce you to the tribe. In the afternoon, walk back to another meeting point where you will see your car and then transfer back to your hotel.

**Meals:** Breakfast at hotel

**Accommodation:** Hotel in Kalaw

## Day 9 Kalaw – Pindaya – Nyaung Shwe – Inle Lake

After breakfast, drive to Pindaya (approx; 2 hours), a small peaceful town situated at the base of Shan Mountains and the end of very fertile plains. On the way to Pindaya from Aung Ban is really picturesque and you can make many stops for photographing and introducing to the local farmers working in their fields cultivating a variety of crops such as Sesame, Cabbage, Coliflower, Mustard Oil, Wheat and so on besides the perennial orchards like Mandarin Oranges and Tea. Upon arrival visit Paper Umbrella Cottage industry where you can see the Shan Paper production, Process of Umbrella Making only by hands. Then, drive up to Pindaya Lime-stone Natural Caves with more than 8000 Buddha Images. Get lost yourself in the cave taking pictures

of most beautiful Shan Style Buddhas.

In the afternoon, drive to Nyaung Shwe (approx; 3 hours) another Shan town bordering famous Inle Lake on the northern end. On the way, you can visit Shwe Yan Pyay monastery built mainly of teak wood in 1882 and its pagoda with colorful mosaics decorated on the interior walls around the central pagoda constructed 2 years before its adjacent monastery. Then continue to Nyaung Shwe where you embark on the long boat to reach your hotel at Inle Lake.

**Meals:** Breakfast

**Accommodation:** Hotel in Inle Lake

## Day 10 Inle Lake – Indein – Inle Lake

Full-day Sight-seeings of Inle Lake, start with a morning 5-day traditional market at a village on the lake or on the shore of the lake. Here at Inle Lake, the markets come on 5-day basis. Besides the Inthars, some tribal ladies such as Pa-O, Pa Laung can also be seen at the market selling their farm produce and afterwards they go back to their villages on the mountain with the purchase of what they need for the household. The market is a photo opportunity for you. Then visit the Phaung Daw Oo pagoda which is the Holiest Religious Stupa housing 5 buddha images, Silk Weaving village (lotus fabrics weaving technique can also be seen unique only in here!), Blacksmith, Cheroot or Myanmar Cigar factory, the nature of Inthars, Lake Residents with their Floating Gardens and finally visit the Jumping Cat monastery which is the oldest one with antique Shan-style Buddhas and Buddhas' alters. Enjoy the cat show at the monastery. In the afternoon, continue by boat to Indein Ruined Pagoda Complex along a small river that sustains Inle Lake by flowing into it. Passing the Large green Myanmar Bamboo forests on the way, you will reach the Ruined Indein pagodas that stand on the hill slope providing a panoramic view to the lake.

**Meals:** Breakfast

**Accommodation:** Hotel in Inle Lake

## Day 11 Bagan – Yangon

Free to relax till airport transfer for the flight to Yangon. Checkin the hotel upon arrival.

**Meals:** Breakfast

**Accommodation:** Hotel in Yangon

## Day 12

## Yangon departure

Breakfast at the hotel and time to relax until transfer back to Yangon international airport for your onward flight.

**Meals:** Breakfast

**Accommodation:** n/a

**\*\*\*End Service\*\*\***

## Inclusions & Exclusions

### *Inclusions*

- All transfers and excursions with private air-conditioned vehicles with drivers
- Entrance fees for all sightseeing places
- 11 nights' accommodation at selected hotels (twin/double sharing) daily breakfast
- Internal flights by Air KBZ, Myanmar National Airline, Air Thanlwin or Golden Myanmar Airline including insurance surcharge (we would choose any depending on availability/time schedule) : Yangon – Bagan, Mandalay - Heho – Yangon (3 flights)
- Experienced English speaking station guide in each cities
- No additional charge/surcharge after confirmation
- Personalized customer service with 24/7 hotline support
- Meals as stated in the itinerary **Breakfast**
- Private local boat for Mingun excursion
- Private local boat for Inle Lake excursions & transfer
- Services charges and government tax
- Daily water and refreshment tower
- Porter fees at airport

### *Exclusions*

- Balloon over bagan - \$305/person (premium)
- Tips and gratuities for the guide, drivers, porters
- Travel insurance
- All entrance fees and sightseeing tickets as per itinerary
- International flights
- Drinks and beverage
- Other services not mentioned above
- Personal expenses, tips and gratuities
- Peak season or Public holidays surcharge if any

- Compulsory Gala dinner on X-Mas or New Year if any
- Visa arrangements for Myanmar
- International departure Airport Tax Yangon (USD 10/pax at present)

## Booking Terms & Conditions

### General booking procedure

E-Travel Myanmar required deposit of at least 30% of total tour cost to guarantee the booking. This amount can be paid by credit card (through a secured payment system), bank transfer, Western Union or PayPal.

Remainder of total tour cost must be paid in cash upon arrival or 2 weeks before departure date if by any other payment methods.

Transfer fee, if any, must be paid at customer's end. E-Travel Myanmar will recognize the amount received only.

### Cancellation Policy

At E-Travel Myanmar Co.,Ltd, we do our best to minimize cancellation penalty for our guests but we must abide the cancellation policy of each service provider. Any cancellations should be made in writing.

### Cancellation by the customer

Where the Customer cancels the tour, then the effective date of cancellation will be the date the company receives the written notification. The cancellation charge to the customer is listed below:

More than 60 days before departure	: 20% of total tour cost
Between 45 and 60 days before departure	: 35 % of total tour cost
Between 30 days and 45 days before departure	: 60 % of total tour cost
Between 15 days and 30 days before departure	: 75 % of total tour cost
14 day or less / No show	: 100 % of total tour cost

### Cancellation Policy by E-travel Myanmar

If tour is not paid by the due date, the company shall have the right to cancel the tour. If we, at the request of the customer, agree to delay cancellation of the tour then the company still cancels the tour for the customer's non-payment, the cancellation charges set out shall apply and be payable by the customer.

### Responsibility

Except in situation beyond human control, E-Travel Myanmar will be held responsibility for any additional expense resulting from the change caused by us in itinerary, transportation, accommodation. Except in situation beyond human control, E-Travel Myanmar shall provide compensatory service for participants or refund the difference in payment for service rendered below standard.

The detailed program and schedule flights are subject to change by airline without prior notice and in the accordance with the weather conditions and any daily operations of any consequently,



itinerary might be adjust its power to assist done participants in boarding flight. If this occurs, E-travel Myanmar will do as courtesy to all or finding alternative arrangement. This is participants E-travel Myanmar cannot hold the responsibility for denied boarding, or additional charges occurred.

**TRAVEL INSURANCE**

Travel Insurance is not included. E-Travel Myanmar highly recommends you have travel insurance when traveling around Asia.